

NEWS:

■ Allstar Christmas Party

Saturday 10th December at Christchurch Community Centre, Cricklade Street, Old Town, Swindon. 7.30pm till late... invitations to follow!!!

■ Bournemouth Marathon Festival

Another fantastic turnout at the BMF, where Allstars participated across all 4 events. Congratulations to you all and a further congratulations to Mike Wakefield, Jackie Brooks and Basil Miles who were second in their age groups (Supersonic 10K).

■ World Marathon Majors

Congratulations to our fellow Allstar David Churchill on completing the 'Big Six' and collecting his Abbott World Marathon Majors medal. David has completed the Boston, London, Berlin, Chicago, New York City and Tokyo Marathons.

And committee member Amanda Davis is hot on his heels. Recently completing the Berlin and Chicago Marathons... only 2 left. Good Luck!!!

Welcome runners...

Welcome to all our new members and to our latest intake of Beginners who are half way through the beginner's course. Hope its all going well!



To celebrate (almost) the end of our Autumn beginners course, we would like to invite all our beginners, helpers and all our Allstar members to come along and celebrate our beginners achievements at Parkrun on the 12th November at Lydiard Park.

Club members are supplying the pacers and marshals this weekend so there will be lots of support all the way round.

Also on offer will be our very famous supply of cakes to help refuel/celebrate.

Please note: that there is now 'Pay and Display' meters at the Hook Street and Hay Lane car parks. Charges £2 for up to 2hrs and £4 all day. Please arrive in plenty of time to buy your ticket, before the start at 9am.

SAVE THE DATES!

October	Sunday 23rd	White Horse Gallop Westbury 8m
November	Sunday 20th	Swindon 10k
November	Sunday 27th	Wickstead Wander 5m
December	Sunday 4th	Reindeer Run 5km Coate Swindon
December	Sunday 18th	Winter Solstice Run 5km/10km
January	Sunday 8th	Rough & Tumble

Meet your Committee!



Name: Mike Land

Member since 2008

Role on committee: **Dogsbody**

Favourite race: **Great North Run** (all of the support, fun and hype of a big marathon... without the mileage)



Club Trip...

This weekend is the Allstars Annual Club Trip, lots of Allstars will be pounding the Streets of Majorca. Good luck to all of you! And watch this space for planning of the 2017 Club Trip. *If you have any recommendations, please speak to Nicola Dolman.*

Safety first...

As the nights draw in please remember to be seen, **flashing lights, high viz jackets and please ensure you do not run alone.**





AGM UPDATE

Following last months Annual General Meeting, two matters were raised by club members during the meeting:

- Tuesday night start times
- Club name change

Shortly after the AGM, your committee met to discuss these matters.

Club Start time

To recap the club currently runs at 7:30pm each Tuesday from ST Johns (North Swindon) and 7pm every Thursday from Broome Manor Golf Club. For twenty weeks a year beginners courses run on a Tuesday at 6:30pm which gives the volunteer helpers chance to run afterwards with the club.

Besides this, many members travel some distance to club after work so an earlier start time would preclude them. After consideration your committee feels there's nothing to be gained through earlier start times than the two existing.

Name change

If the club should change its name? The feeling at the AGM was against a name change. It's worth recapping that from the day Slinn Allstars was established (over tea and biscuits) this club has always tried to be different, all-inclusive and in particular cater for the social runner rather than out-and-out athletes. Having a slightly quirky name distinguishes the club from more mainstream, more serious running clubs. Furthermore, there would also be a significant financial impact to the club finances. Hence your committee doesn't feel that a name change would add any 'value' to the club at this time.

Today we are well established throughout the county and beyond with 200+ members. We believe that running should be about having fun, making new friends and being healthy, whilst supporting and encouraging members to achieve their personal goals and aspirations, regardless of ability.

There are some truly amazing stories amongst our members, many of which have come through from the beginner's course. Here are just a few photos from the humble beginnings of the club. Take a look, you may recognise a few faces?

Thanks Slinn Allstars Committee

